

# DUMBBELL SPOTTING STAND

## THE IRONMASTER DUMBBELL SPOTTING STAND

is the latest breakthrough in weight lifting technology. There is no better way to weight train than with dumbbells and now you can enhance your training to the max! Everyone knows it can be difficult to get into position for many dumbbells presses, especially decline and overhead movements. Now you can push yourself harder to get the results you want in less time and in very little space.

The Spotting Stand works with the Ironmaster Super Bench and can be taken away in just seconds! The special drop in yoke design means you just set the bench in, adjust the saddle heights and start lifting. The bench and your body help hold everything down solidly. This attachment is very simple and yet will make you wonder how you ever got along with it! - Ironmaster is the best you can get.



### SPECIFICATIONS

Dimensions: 43.5"W x 20"D x 34-49.5"H

Weight: 62 lbs

Capacity: Up to 130 lbs dumbbell per saddle.

9"W x 7.75"D x 12"H inside dimension

Range: Saddle height range to floor 21.5" to 37.5"

Color: Grey metallic powdercoat

### ▶ SUPER HEAVY DUTY

Frame made of structural steel allows up to 130 lb dumbbells.

### ▶ ULTRA SIMPLE

Set up goes from decline to flat to incline to upright in seconds.

### ▶ WORKS WITH MOST DUMBBELLS

Ideally designed for use with the Ironmaster Quick-Lock dumbbells but work with other types of weights as well.

### ▶ INCREDIBLE SPACE SAVING DESIGN

Takes up very little room and is modular in design so you can remove when you don't need the stand. Sized for the serious weight lifter and adjusts to fit anyone.

### ▶ 10 YEAR WARRANTY AND UNBEATABLE GUARANTEE

Try our equipment in your home for up to 30 days. If you're not completely satisfied, return for a full refund, including shipping costs! See web site or call for additional warranty and guarantee details.



**IRONMASTER**  
STRENGTH MULTIPLIED



21828 87th Ave SE, #E • Woodinville, WA 98072 • (800) 533-3339  
[www.ironmaster.com](http://www.ironmaster.com)

# BENCH PRESS



# INCLINE PRESS



# DECLINE PRESS



# SHOULDER PRESS



Saddles pivot for comfort and ease of use!



Works with most dumbbell types that will stand on end safely.