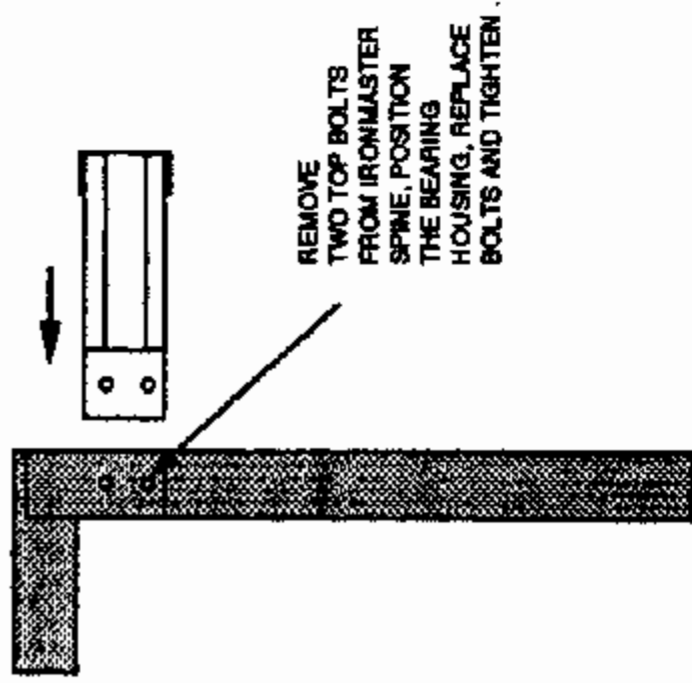
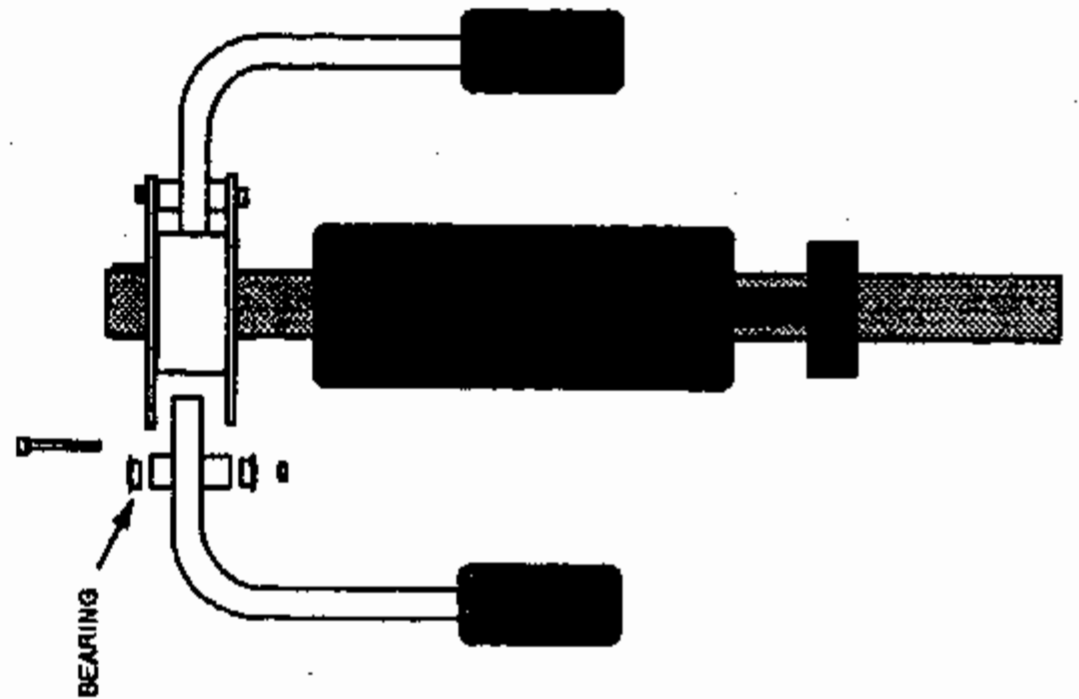


1



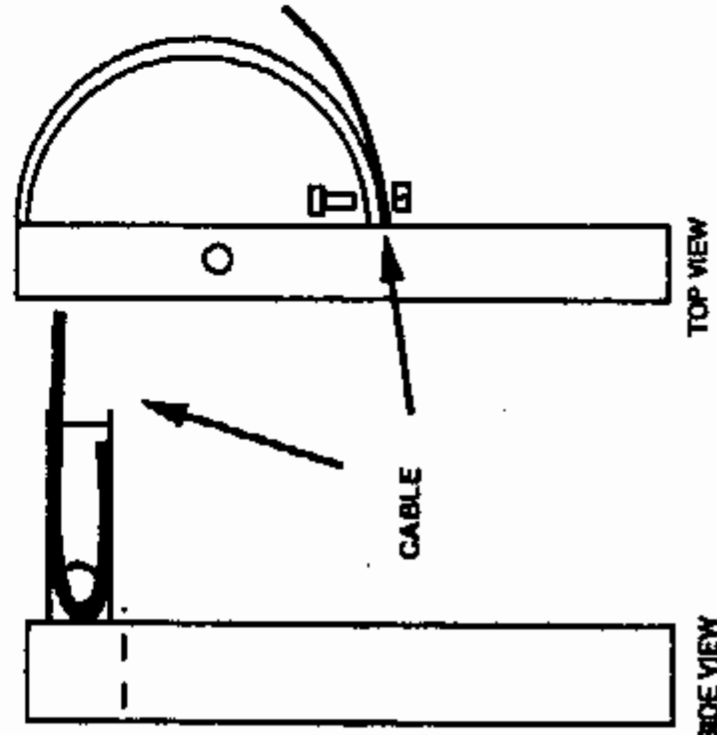
REMOVE TWO TOP BOLTS FROM IRONMASTER SPINE, POSITION THE BEARING HOUSING, REPLACE BOLTS AND TIGHTEN.

2 INSERT BEARINGS (4) INTO THE BEARING HOUSING. ATTACH PEC-DEC ARMS WITH 3/8" x 8" BOLTS. DO NOT OVER TIGHTEN, THE ARMS SHOULD PIVOT FREELY.



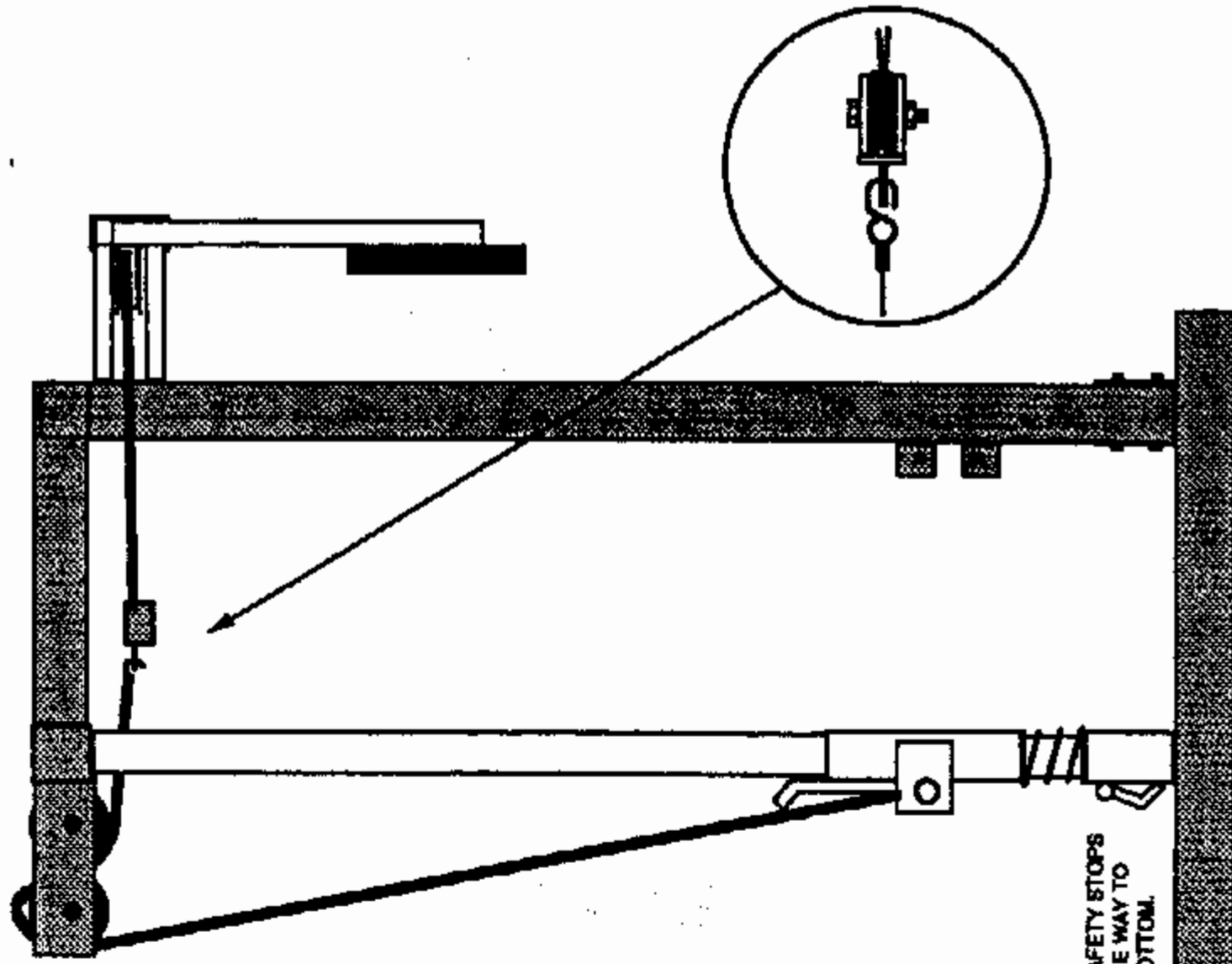
3

ATTACH CABLE TO ONE PEC-DEC ARM WRAP CABLE AROUND 7/16 BOLT FORCING CABLE INTO GROOVE. SECURE WITH NUT.



4

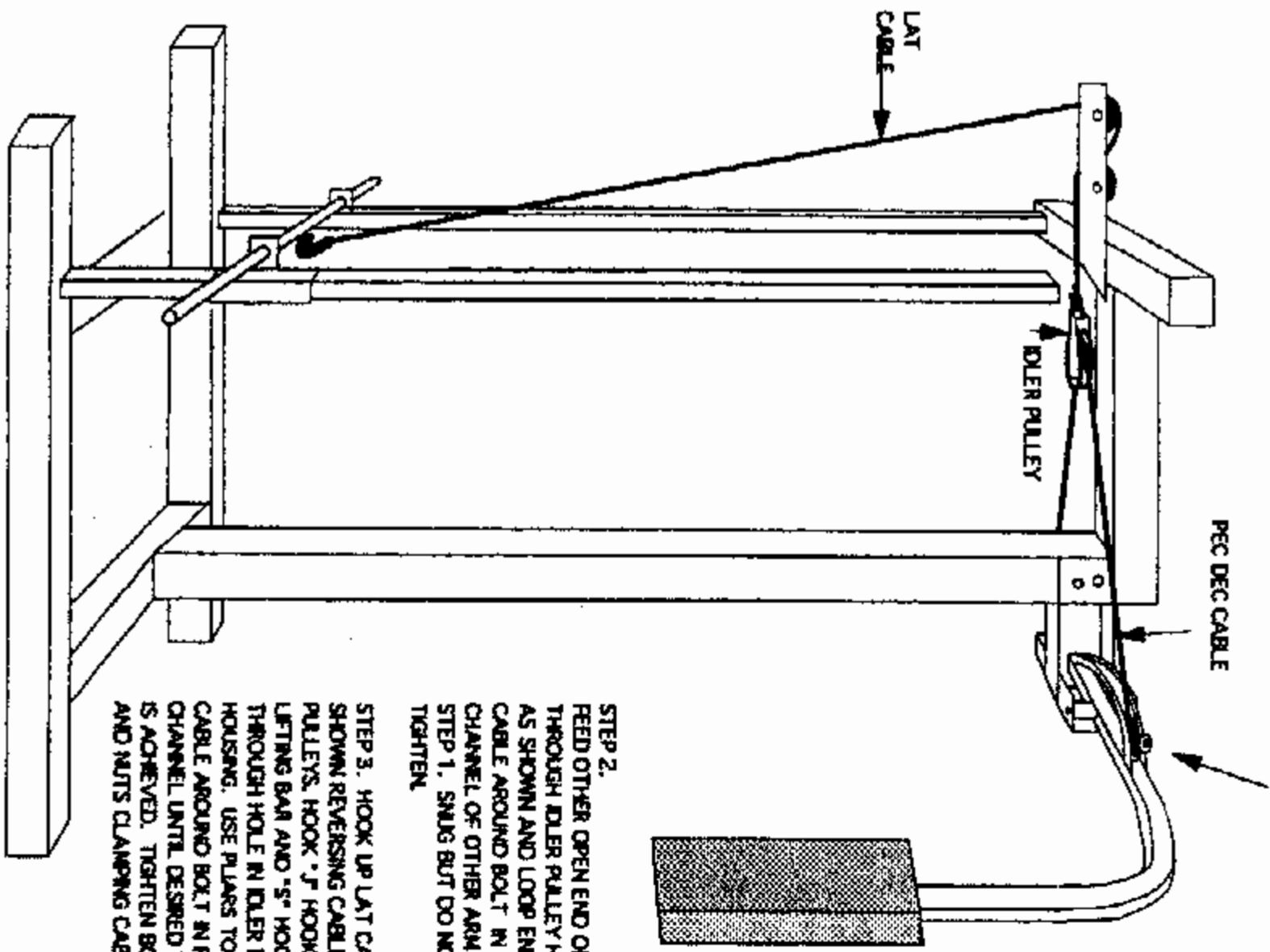
CONNECT AND THREAD THE LAT CABLE FROM THE LIFTING BAR OVER THE OUTSIDE PULLEY, DOWN BETWEEN THEM, AND UNDER THE INSIDE PULLEY. ATTACH THE SMALL PEC-DEC PULLEY TO THE S-HOOK ON THE LAT CABLE AND THREAD THE PEC-DEC CABLE THROUGH THE SMALL PULLEY, THEN UNDER THE NUTS ON THE OTHER ARM. PULL SLACK AND TIGHTEN THE 7/16 BOLTS (SEE #4).



PUT SAFETY STOPS ALL THE WAY TO THE BOTTOM.

STEP 5

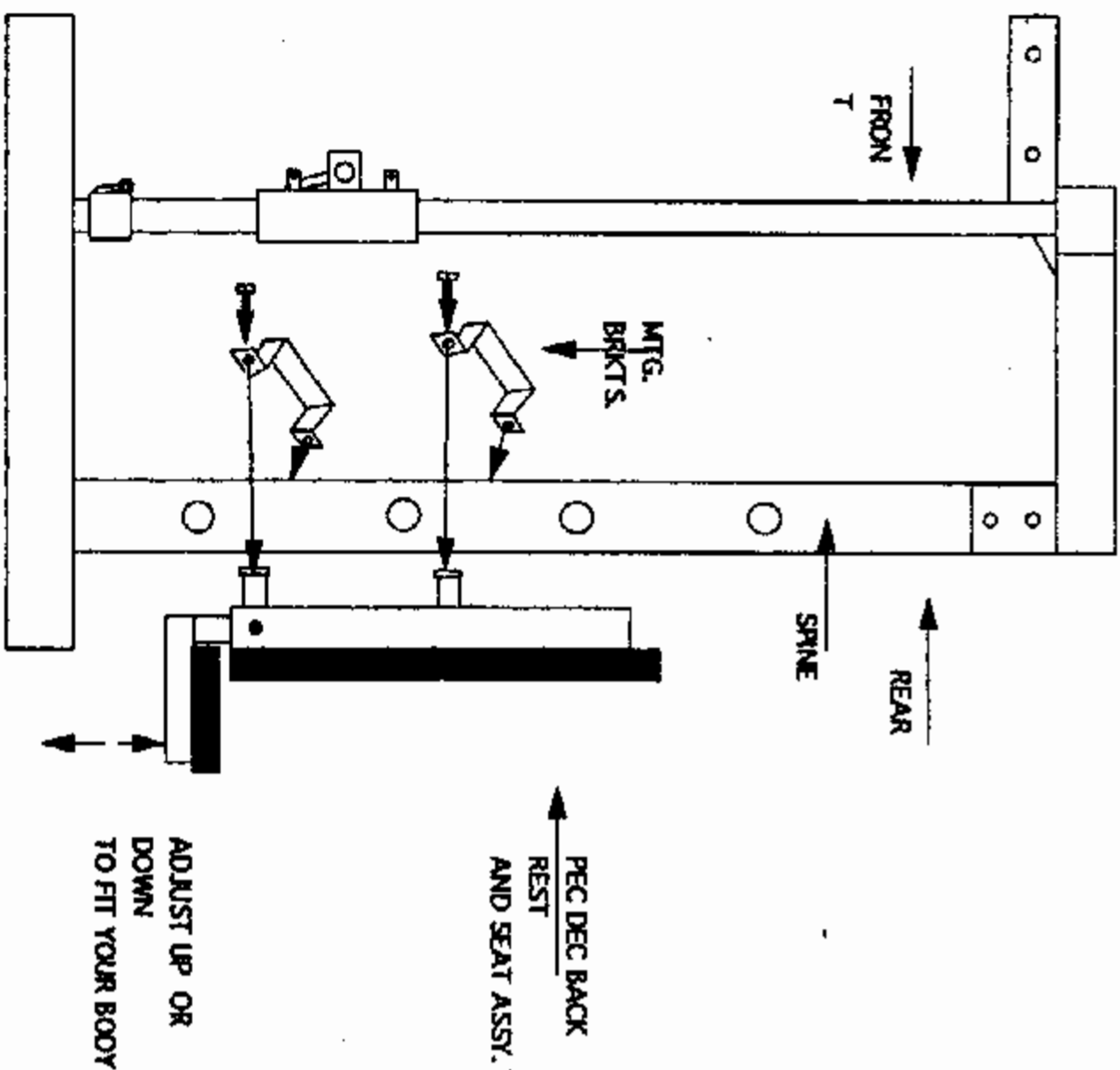
WRAP CABLE AROUND 7/16 BOLT WITH APPROX. 2" OF END RETURNING AS SHOWN FOR FUTURE ADJUSTMENT. TIGHTEN BOLT AS NUT CLAMPS CABLE INTO CHANNEL.



STEP 2. FEED OTHER OPEN END OF CABLE THROUGH IDLER PULLEY HOUSING AS SHOWN AND LOOP END OF CABLE AROUND BOLT IN CHANNEL OF OTHER ARM AS IN STEP 1. SNUG BUT DO NOT FULLY TIGHTEN.

STEP 3. HOOK UP LAT CABLE AS SHOWN REVERSING CABLE AROUND PULLEYS. HOOK "J" HOOK TO LIFTING BAR AND "S" HOOK THROUGH HOLE IN IDLER PULLEY HOUSING. USE PLUGS TO FULL CABLE AROUND BOLT IN FEED CHANNEL UNTIL DESIRED TENSION IS ACHIEVED. TIGHTEN BOLTS AND NUTS CLAMPING CABLE.

PEC DEC CABLE ATTACHMENT INSTRUCTIONS.



PEC DEC BACK REST AND SEAT ASSEMBLY INSTRUCTIONS

ASK YOUR ASSISTANT TO HOLD THE BACKREST PAD SEAT AT THE APPROXIMATE HEIGHT YOU WANT THE SEAT LOCATED. LOCATE THE U-SHAPED MOUNTING BRACKETS OVER THE SPRINE AS SHOWN AND BOLT TO THE SEAT BRACKET'S USING 3/8 X 1 BOLTS, WASHERS, AND NUTS. AFTER INSTALLING BEARING HOUSING AND UPPER ARMS, TEST UNIT FOR SEAT HEIGHT AND ADJUST AS NEEDED.