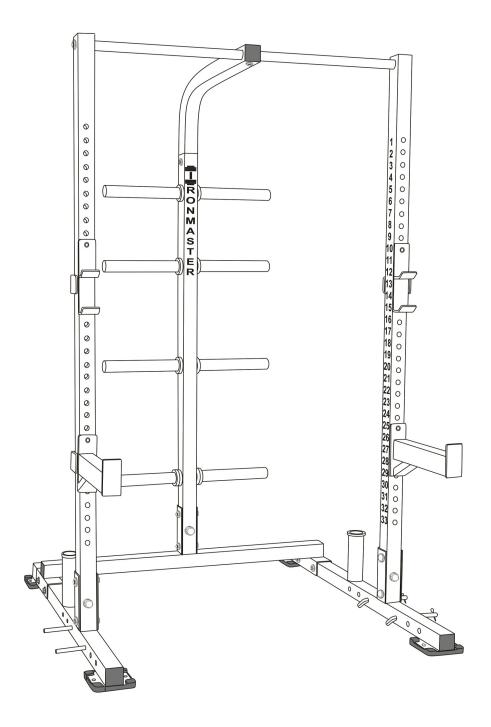
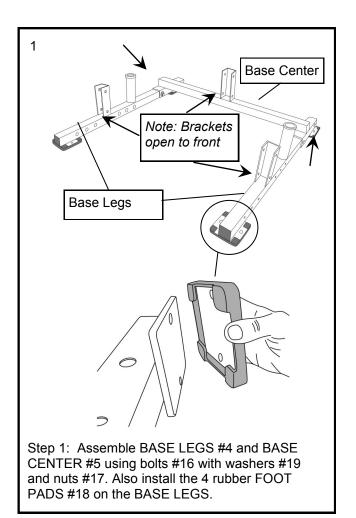
Assembly & Operating Instructions Ironmaster IM1500

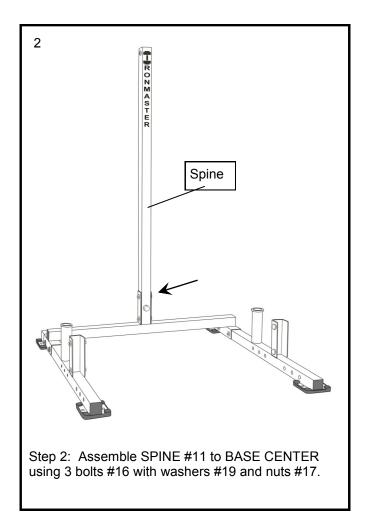


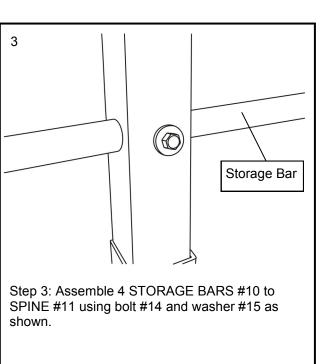
The IM1500 half cage is designed for barbell training with spotting capabilities. The IM1500 is designed to be used in conjunction with Ironmaster products, but can accommodate other brands plates/bars and or benches. Static weight rating is 1000 LBS/450 KGS for the frame and bar hooks/spotters.

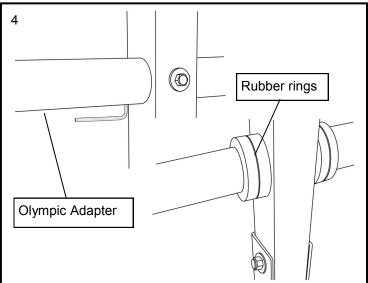
Ironmaster recommends 2 people for assembly. Refer to this manual or the Ironmaster website for further details regarding usage of the IM1500 and read and understand all safety warning labels.

Congratulations on your purchase of this fine Ironmaster product. The following instructions will help you assemble the unit and provide some details on use as well. The only tools required are two adjustable wrenches. Unpack all the parts and make sure you have received all the parts as shown on the exploded view drawing and parts list. If you are missing anything or need anything, please call Ironmaster for assistance. 800-533-3339.

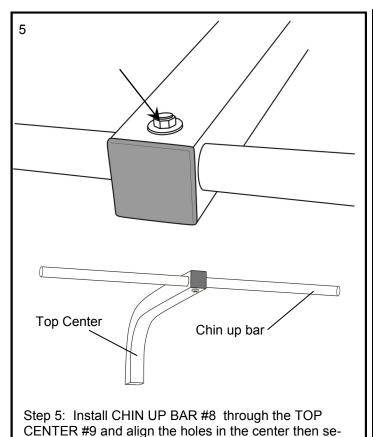


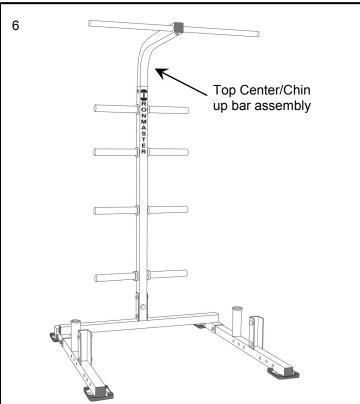




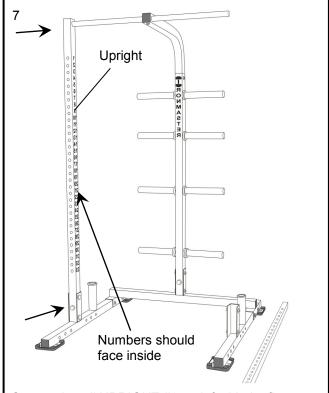


Step 4: Install 8 OLYMPIC ADAPTER #23 using set screws with the small Allen wrench to secure. Push on RUBBER RINGS #24 over the adapters. Put one ring per side on the upper three positions and put two rings per side on the bottom position. If Olympic Weights will not be used on the unit you can skip this step.



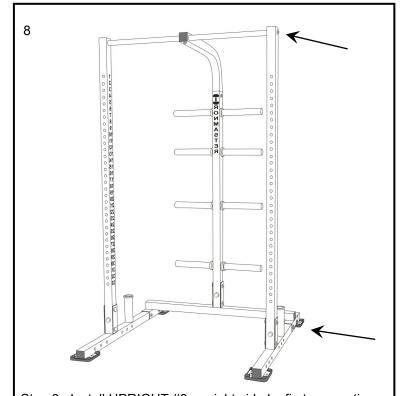


Step 6: Install TOP{ CENTER and CHIN UP BAR assembly down into the SPINE #11. Secure with 3 bolts #22 and washers #15.



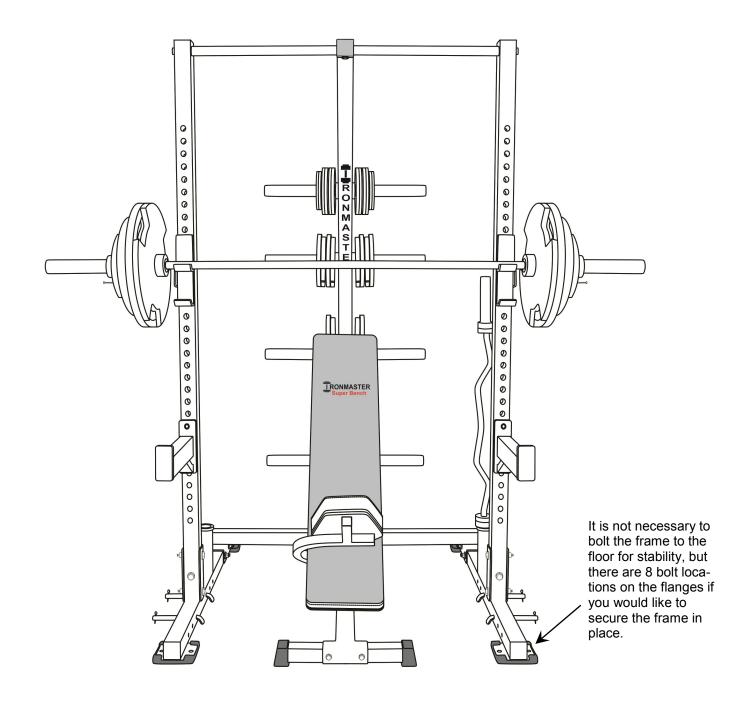
cure with bolt #20 and washer #19.

Step 7: Install UPRIGHT #3 on left side by first connecting CHIN UP BAR #8 at the top then rotate the bottom of the upright into the base bracket. Secure the top with bolt # 20 and washer #19 then secure to the base with 3 bolts #16 with washer #19 and nut #17.

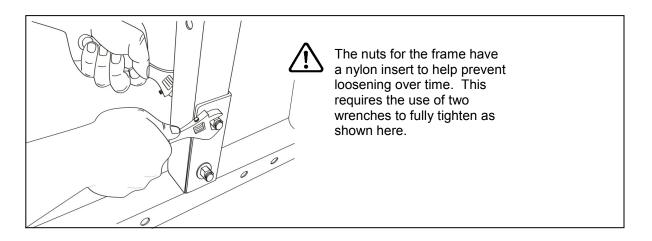


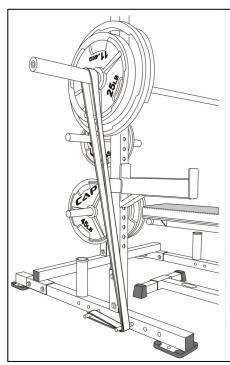
Step 8: Install UPRIGHT #3 on right side by first connecting CHIN UP BAR #8 at the top then rotate the bottom of the upright into the base bracket. Secure the top with bolt # 20 and washer #19 then secure to the base with 3 bolts #16 with washer #19 and nut #17. Main frame assembly complete.

Check to be sure all bolts are tight before use.



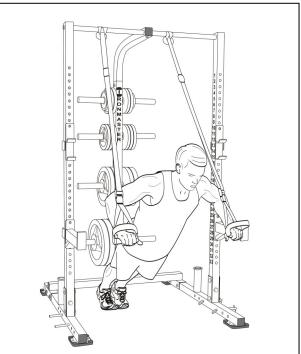
IM1500 shown loaded with Super Bench, Weight plates and bars—sold separately.



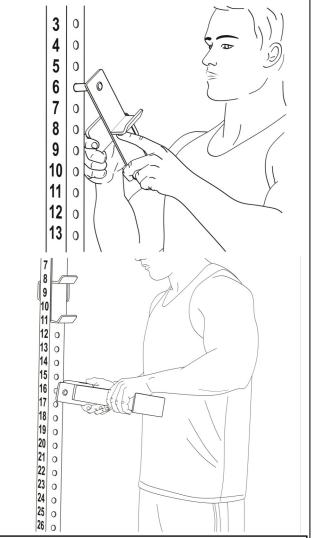




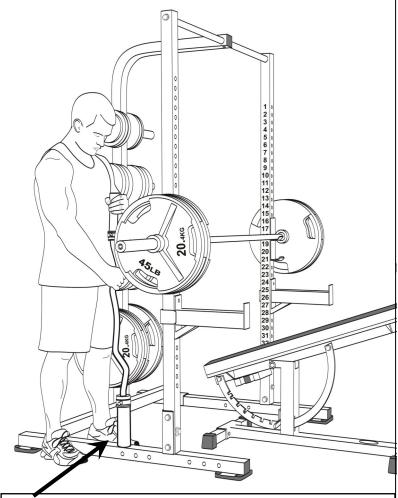
Power bands (not included) may be used with the included band pegs. There are six peg positions available to provide various attachment points on the base and also to allow for pre stretching of the bands for different tensions. Be sure to use the spring clip retainers to help prevent the bands from coming off the pegs.



Suspension straps (not included) can be used on the frame for various exercises as shown.



Barbell hooks and spotters can be placed in any of the numbered positions as needed. Rotate the hooks, insert into both holes in the uprights, then rotate down for use.



Two bar storage holders are included on the base to hold Olympic bars (not included).

PARTS LIST FOR IRONMASTER IM1500

No.	Description	Qty	Detail
1	Barbell Hooks, Right	1	Black, steel assy
2	Safety Spotter Arm, Right	1	Black, steel assy
3	Upright	2	60mm square with 33 numbered peg holes
4	Base Leg	2	60mm square with foot plates
5	Base Center	1	60mm square with U brackets
6	Safety Spotter Arm, Left	1	Black steel assy
7	Barbell Hooks, Left	1	Black steel assy
8	Chin Up Bar	1	1.25" dia round, black
9	Top Center	1	60mm square bent frame
10	Storage Bars	4	1" dia round
11	Spine	1	60mm square with logo label
12	End Caps,	7	60mm square, plastic, black— <i>pre installed</i>
13	End caps	8	1" round, plastic, black—pre installed
14	Bolt	5	3/8" x 32mm, black hex bolt
15	Washer	8	3/8" flat washer, black
16	Bolt	13	1/2" x 93mm, black hex bolt
17	Nut	13	1/2" nylock nut, black
18	Foot Pad	4	Rubber, square, black
19	Washer	28	1/2" flat washer, black
20	Bolt	2	1/2" x 2" black hex bolt
	Band Pegs	4	7" long with bent arm and spring clip, zinc
22	Bolt	3	3/8" x 16mm, black hex bolt
23	Olympic Adapter	8	49mm O.,D. x 320mm, black plastic
24	Rubber rings	10	49mm I.D., black rubber

Warranty Information:

Your Ironmaster product has a limited 10 year warranty to the original purchaser. Warranty covers repair or replacement for mechanical integrity when used according to the instructions for normal exercise use. Warranty covers in home use only. Finish and wear items such as rubber and painted surfaces are not covered. If you need warranty service, contact Ironmaster for return instructions and additional terms and conditions.

For customer service, contact your local distributor or:

Ironmaster LLC,14562 167th Ave SE Monroe, WA 98272 USA

Web site: www.ironmaster.com Email: support@ironmaster.com Tel: 800-533-3339 or 1-360-217-7780

