

Assembly & Operating Instructions

Ironmaster MICRO PLATES

Congratulations on your purchase of this fine Ironmaster product. Be sure to read and understand the operating instructions to achieve the best performance and avoid injury.

CONTENTS:

4x 1.25 lb plates



DESCRIPTION: The IRONMASTER MICROPLATES are designed to allow for finer adjustment to your current QUICK-LOCK System. The thickness of the MICRO PLATES allows for it to be used in conjunction with your existing QUICK-LOCK plates. One plate will add 1.25 lbs and two plates will add 2.5 lbs to your dumbbell.

CAUTION: Please read carefully before first use. Using the MICRO PLATES incorrectly can cause injury.

USAGE:

1. Always install the MICRO PLATE on the outside. NEVER install a MICRO PLATE on inside of another QUICK-LOCK DUMBBELL plate.
2. The QUICK-LOCK DUMBBELL Handle is designed to hold 7 plates per side maximum with a Standard Screw. 6x 5 lb plates, and 1x 2.5 lb plate. The locking screw is not long enough to add the MICRO PLATE in this configuration and will not secure properly. IMPORTANT! If you have all 7 plates on each side, you MUST REMOVE ONE PLATE PRIOR TO USE.
3. For example if you have 6x 5 lb plates on each end of the dumbbell it will weigh 70 lbs total and adding two MICRO PLATES will give you a total of 72.5 lbs. Or 71.25 lbs with only one MICRO PLATE on one end.



MICRO PLATE must be installed on outside of QUICKLOCK plates.

WARNING: When using MICRO PLATES always check that the screw tightens securely before picking up the DUMBBELL handle.

If the screw spins freely when attempting to tighten after installing the MICRO PLATE, DO NOT PICK UP THE HANDLE! Count the amount of weights in front of the MICROPLATE, (Max 6pc of 5 lb per side on 75 lb kit) and remove plates as needed.

If you only use one MICRO PLATE on one end of the handle and no other plates it will weigh 11.125 lbs.

If you use two MICRO PLATES it will weigh 12.5 lbs.

Correct installation of MICRO PLATE

Warranty Information:

Ironmaster warrants to the original purchaser that this Home Fitness Product will be free from defects in workmanship and materials for a specific period from date of purchase based on the part type listed below. During the warranty period, Ironmaster will either repair or replace, at its option, defective part(s) at no charge. Warranty covers in home use only.

1 year for normal wear items such as rubber, upholstered parts and surface finishes.

10 years for frame and structural components.

Shipping costs are not included in the warranty and some items may need to be sent to Ironmaster for repair or replacement. Installation of any parts and labor involved is not included. The warranties described above shall be the sole and exclusive remedy available to the purchaser. Correction of defects, in the manner and for the period of time described above, shall constitute complete fulfillment of all liabilities and responsibilities of Ironmaster to the purchaser with respect to the product, and shall constitute full satisfaction of all claims, whether based on contract, negligence, strict liability or otherwise. In no event shall Ironmaster be liable or in any other way responsible for damages or defects in the product which were caused by repairs or attempted repairs performed by anyone other than Ironmaster or Authorized service Contractor. This warranty shall not apply if the defect was caused by misuse, neglect or normal wear and tear of the product purchased. Nor shall Ironmaster be liable or in any way responsible for any incidental or consequential economic or property damage. Some states do not allow the exclusion of incidental or consequential damage, so the above exclusion may not apply to you.