

Assembly & Operating Instructions

ULTIMATE ROW HANDLE

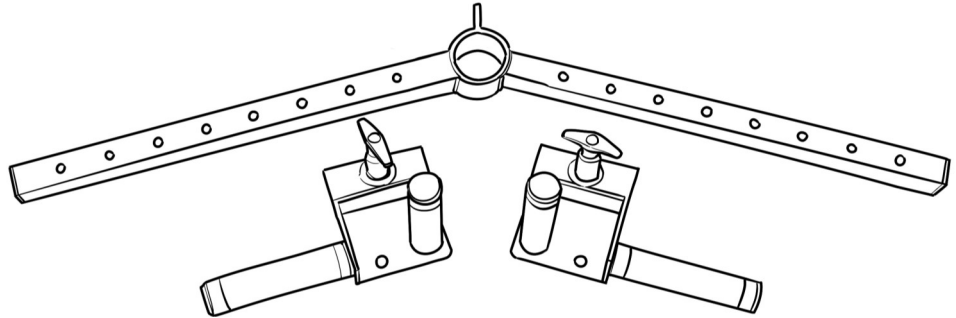
Congratulations on your purchase of this fine Ironmaster product. Be sure to read and understand the operating instructions to achieve the best performance and avoid injury.

CONTENTS:

1x ULTIMATE ROW BAR

1x LEFT HANDLE

1x RIGHT HANDLE

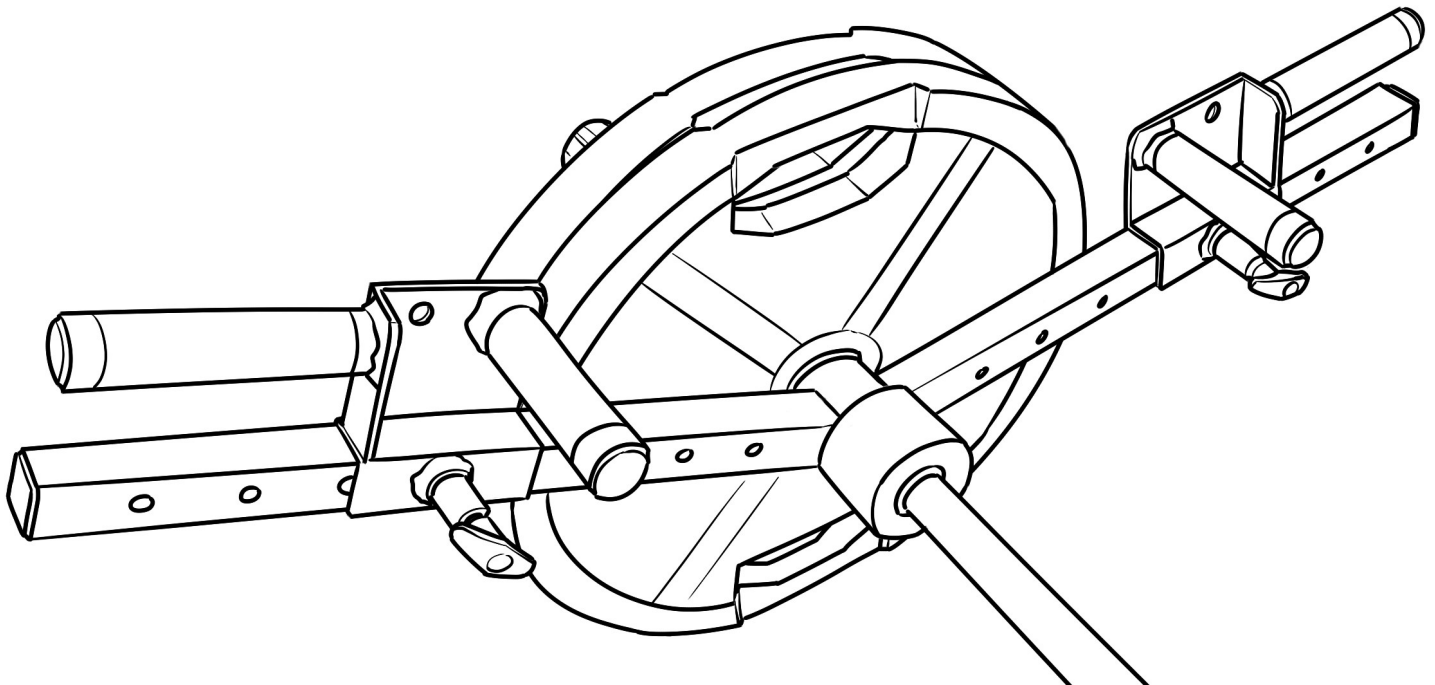


Assembly: No assembly required, but you will need to slide on and secure the adjust able handles for use.

Operation: Unscrew PULL PINS until they are able to pulled open to allow the handles to slide onto the Frame. Secure the handles by tightening the PULL PINS before use. Note there are 8 adjustment hole positions available and different handle orientations possible. Please read Operation notes carefully prior to use.

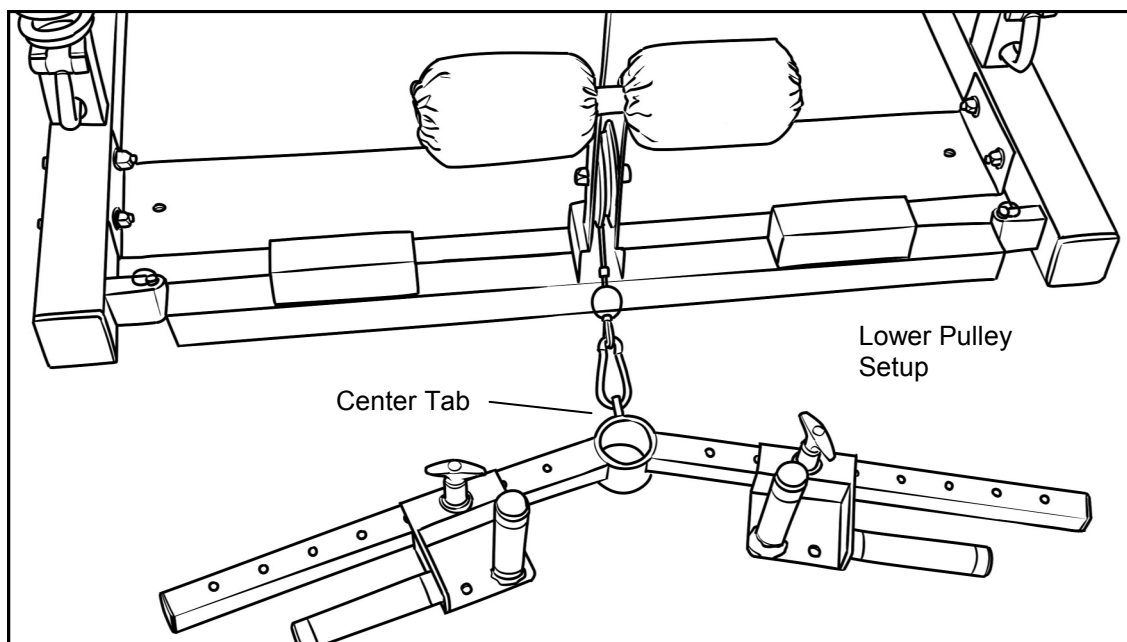
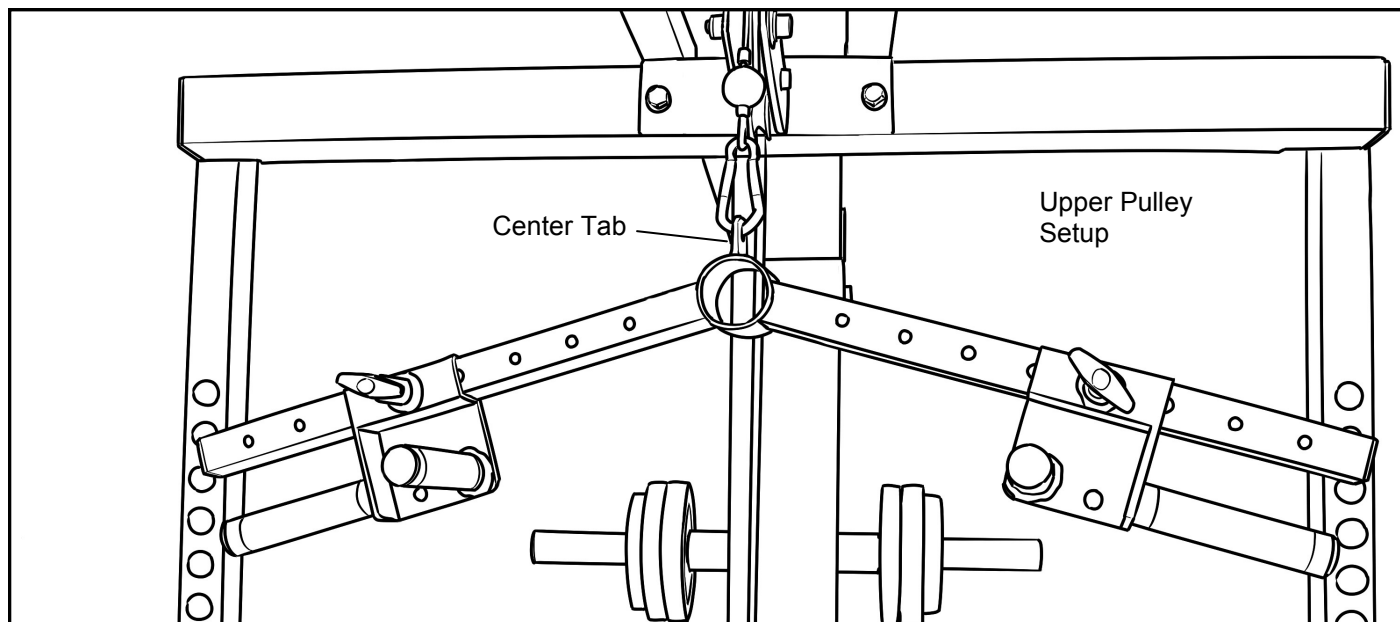
This device is multi-functional and is designed for Olympic barbell rows and cable system rows and pulling exercises at different grips and widths. Refer to images for some set up variations.

For further details please visit our website at www.ironmaster.com



Barbell rowing setup

Put BAR on the barbell end before adding weight plates, Position the BAR with the holes facing away from the weight plates for PULL PIN clearance and proper handle grip orientation. Adjust and hold handles as desired.



Cable rowing setup

Connect the cable to the center tab and adjust handles as desired. Position the BAR with the adjustment holes facing up or outwards for proper handle grip orientation. The setup is the same for upper or lower pulley use.

Warranty Information:

Ironmaster warrants to the original purchaser that this Home Fitness Product will be free from defects in workmanship and materials for a specific period from date of purchase based on the part type listed below. During the warranty period, Ironmaster will either repair or replace, at its option, defective part(s) at no charge. Warranty covers in home use only.

1 year for normal wear items such as rubber, upholstered parts and surface finishes.

10 years for frame and structural components.

Shipping costs are not included in the warranty and some items may need to be sent to Ironmaster for repair or replacement. Installation of any parts and labor involved is not included. The warranties described above shall be the sole and exclusive remedy available to the purchaser. Correction of defects, in the manner and for the period of time described above, shall constitute complete fulfillment of all liabilities and responsibilities of Ironmaster to the purchaser with respect to the product, and shall constitute full satisfaction of all claims, whether based on contract negligence, strict liability or otherwise. In no event shall Ironmaster be liable or in any other way responsible for damages or defects in the product which were caused by repairs or attempted repairs performed by anyone other than Ironmaster or Authorized service Contractor. This warranty shall not apply if the defect was caused by misuse, neglect or normal wear and tear of the product purchased. Nor shall Ironmaster be liable or in any way responsible for any incidental or consequential economic or property damage. Some states do not allow the exclusion of incidental or consequential damage, so the above exclusion may not apply to you.