

Assembly & Operating Instructions

Ironmaster SEATED PRESS PAD for Super Bench/Super Bench PRO

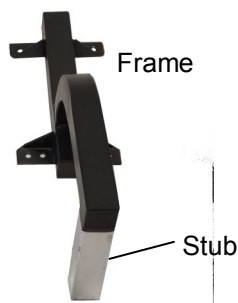
Congratulations on your purchase of this fine Ironmaster product. Be sure to read and understand the operating instructions to achieve the best performance and avoid injury.

CONTENTS:

8 ea. 5/16 x1" Bolt
8 ea. 5/16" Washer



Pad



Frame

Chrome Tack

Stub

Completed Assembly



ASSEMBLY:

After locating Bolt Pack/Pad and Frame, attach SEAT PAD to FRAME using supplied Bolts/Washers. NOTE: Chrome Tack should be facing stub (down) as shown on CONTENTS illustration.

IMPORTANT: Finger tighten all bolts PRIOR to tightening with wrench. Some adjustment to the pad may be required before final tightening with wrench to align PAD with frame. DO NOT OVERTIGHTEN

OPERATION:

The SEATED PRESS PAD is designed to connect only to the Ironmaster Super Bench or Super Bench PRO. The pad provides support for overhead presses with dumbbells, machine or barbell exercises. DO NOT use for any other function.

Simply insert the attachment STUB into the bench receiving tube and secure with the pull pin before use. Be sure to place your lower back up against the pad and DO NOT lean back only on the upper area. Note: Do not use this attachment for other non-intended functions.



WARNING: Never under any circumstances use any of the Super Bench accessories with either a faulty or missing pull pin in conjunction with the Super Bench/Super Bench PRO. Serious injury could occur. If the Pull pin fails to operate correctly or for any reason, fails to locate properly with the Ironmaster Seat Press Pad accessory, discontinue use and contact your nearest dealer. This attachment is only for situp/crunch exercises or decline bench presses. Do not use for other purposes.

For further details regarding the Seated Press Pad, operation, tutorials and video links, please visit our website www.ironmaster.com

Warranty Information:

Ironmaster warrants to the original purchaser that this Home Fitness Product will be free from defects in workmanship and materials for a specific period from date of purchase based on the part type listed below. During the warranty period, Ironmaster will either repair or replace, at its option, defective part(s) at no charge. Warranty covers in home use only.

1 year for normal wear items such as rubber, upholstered parts and surface finishes.

10 years for frame and structural components.

Shipping costs are not included in the warranty and some items may need to be sent to Ironmaster for repair or replacement. Installation of any parts and labor involved is not included. The warranties described above shall be the sole and exclusive remedy available to the purchaser. Correction of defects, in the manner and for the period of time described above, shall constitute complete fulfillment of all liabilities and responsibilities of Ironmaster to the purchaser with respect to the product, and shall constitute full satisfaction of all claims, whether based on contract, negligence, strict liability or otherwise. In no event shall Ironmaster be liable or in any other way responsible for damages or defects in the product which were caused by repairs or attempted repairs performed by anyone other than Ironmaster or Authorized service Contractor. This warranty shall not apply if the defect was caused by misuse, neglect or normal wear and tear of the product purchased. Nor shall Ironmaster be liable or in any way responsible for any incidental or consequential economic or property damage. Some states do not allow the exclusion of incidental or consequential damage, so the above exclusion may not apply to you.